

– The world looks so different after learning science – Richard P. Feynman said.

– Surely you're *not* joking, Mr. Feynman! (1)

Dear Colleagues,

Since 2008 *Biomedical Reviews* has gone online. And now its volume 20 can be viewed on your desktop, and papers printed freely and distributed globally.

The Bulgarian Society for Cell Biology (BGSCB) aims at promoting the advances of science, research and teaching in the field of cell biology. We are pleased to broadcast that BGSCB was elected a Full Member of the International Federation for Cell Biology (IFCB), as well as Dr George Chaldakov an Editor of the Editorial Board of *Cell Biology International*, a journal published on behalf of the IFCB. Accordingly, we would like to express our sincere thanks to Professor Denys N. Wheatley, the President of IFCB, for his support to our activities.

I want to also express my acknowledgments to all colleagues involved in the production of *Biomedical Reviews* (BMR), those who have volunteered to devote time and creative efforts, bringing their years of experience in *learning* and doing *science* to help guide the publication activity of BGSCB. One more example of such a collaboration was the launching of a new international journal, *Adipobiology*, as well as the organization of the 2nd International Symposium on Adipobiology and Adipopharmacology (ISAA) held on 23-25 October 2009 in Varna, Bulgaria (see Meeting Report on pages 1–5).

Starting in this volume, we, instead of showing the Program of lectures delivered at the *Biomedical Forum*, introduce a section named Continuing Medical Education (CME). Therein, we present in brief current “scaffoldings” – a metaphor that describes the way a teacher provides assistance to the students during the learning process in much the same way that construction scaffolding serves as a temporary support until the building can stand on its own, which, in terms of neurocognition, is conceptualized as scaffolding theory of aging and cognition (2,3).

George N. Chaldakov

1. A “negative” modification of “Surely you’re joking, Mr. Feynman!” Adventures of a Curious Character”, the title of 1985 book by the 1965 Nobel Prize-winning physicist Richard P. Feynman (1918-1988).
2. Park DC, Reuter-Lorenz P. The adaptive brain: aging and neurocognitive scaffolding. *Annu Rev Psychol* 2009; 60:173-196.
3. Goh JO, Park DC. Neuroplasticity and cognitive aging: the scaffolding theory of aging and cognition. *Restor Neurol Neurosci* 2009; 27: 391-403.